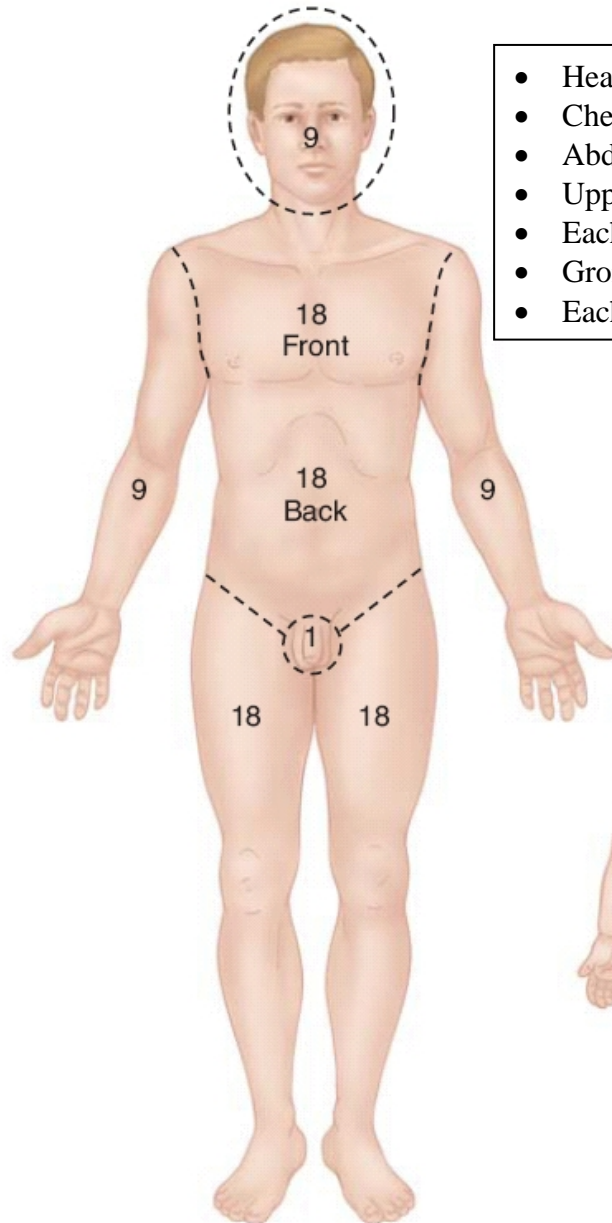
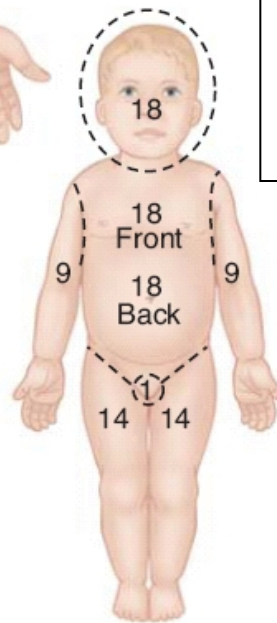


## Rule of Nines



- Head (Anterior = 4.5%) Posterior = 4.5%)
- Chest (front) = 9%
- Abdomen (front) = 9%
- Upper/mid/low back and buttocks = 18%
- Each arm (front = 4.5%, back = 4.5%)
- Groin = 1%
- Each leg = 18% total (front = 9%, back = 9%)



- Head (anterior = 9%) Posterior = 9%)
- Torso (front) = 18%
- Torso (back) = 18%
- Each arm (front = 4.5%, back = 4.5%)
- Groin = 1%
- Each leg (front = 7%, back = 7%)

**\*Rule of Palms:** Used to estimate the percentage of burns in multiple small areas.

- 1% = palm of patient's hand.